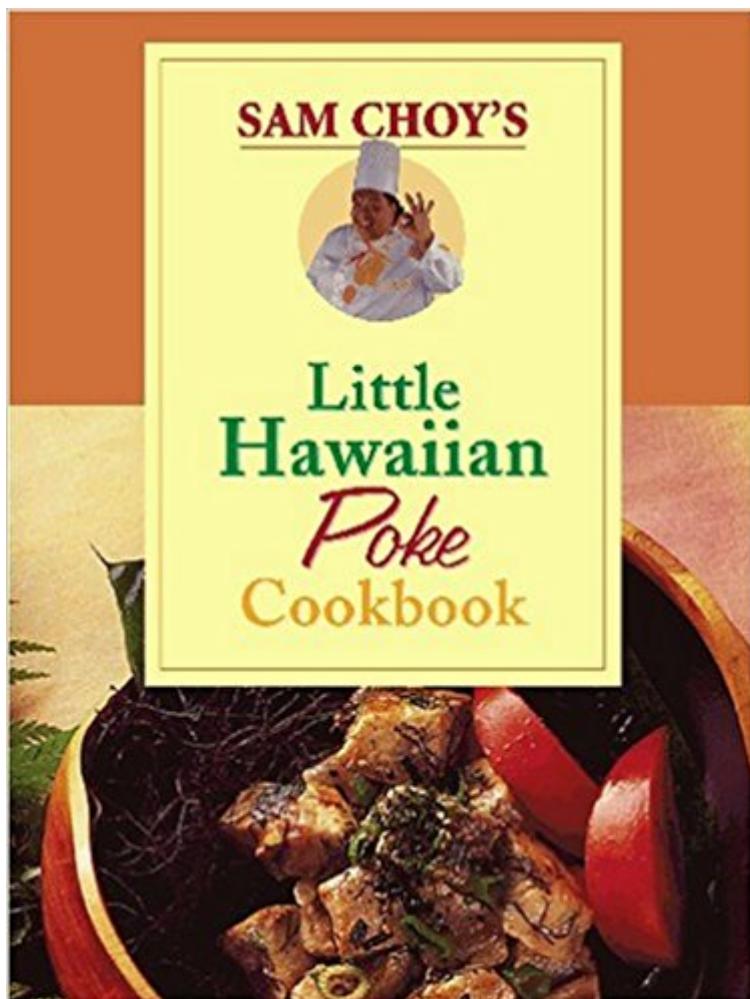


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# Sam Choy's Little Hawaiian Poke Cookbook



## **Synopsis**

Poke is a dish that is usually built around raw seafood, cut into cubes and dressed with sauces and spices. Hawai'i's ambassador of poke, Chef Sam Choy, has collected more than thirty of the Islands' very best poke recipes for Sam Choy's Little Hawaiian Poke Cookbook. You'll find such delicacies as Red Hot and Blackened Poke and 'Ahi Poke with Lemongrass. There's Volcano Tofu Poke, featuring sesame oil and brown sugar, and Sam Choy's Original Fried Marlin Poke, flavored with soy sauce, green onion, ogo seaweed and bean sprouts. You'll find traditional "pure" poke made with 'ahi, salt, seaweed and inamona, a kukui nut relish, as well as inventive dishes such as Marinated Steak Poke and Green Onio and Cilantro Pesto Poke. "It just doesn't get any better than this," says Sam, "Enjoy!"

## **Book Information**

Hardcover: 80 pages

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## **Customer Reviews**

yes it's a cookbook -- but it definitely is poorly fleshed out & not very helpful for those trying to use the cookbook anywhere BUT hawaii. there are missing steps in the recipes...directions to see the hawaiian food supply stores in the introduction, when the info is really at the back of the book past the index.i guess this will be a helpful cookbook to guide me in my attempt at home poke, but seriously i would have had just as good of results looking up recipes online...this cookbook is making me double check the timing & ingredients of the recipes contained therein, research ingredient supply stores or substitutions so i can actually make the recipes. quite honestly, i regret buying this book.

Sam's got some great recipes in this little book!

may be good poke but most of ingreditants can not be purchased here...

Given as a gift.

Sent to a friend in New Hampshire who loves it! When in Honolulu, he is up early in the AM to go get Fresh Poke! We have made some @ his home together. He is hooked now!

It's ok, most of these recipes are available online somewhere...I did appreciate the history and cultural significance piece written about poke though.

Nice book to keep for future reference but most ingredients are hard to find. Some can be found only in the Islands.

if you like local style cuisine and raw fish this is a awesome book to learn how to make different types of poké

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